

AOSSM

Preliminary Program ▼

AOSSM 2011

annual meeting

July 7-10, 2011
Manchester Grand Hyatt
San Diego, California



The American Orthopaedic
Society for Sports Medicine

CONCURRENT SESSION B: Douglas Pavilion D

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- 10:56–11:23am Scientific Session: Foot and Ankle**
Moderator: Dean C. Taylor MD (Durham, NC)
Objectives: Upon completion of this scientific session, learners should be able to:
- ▶ Identify the effect of lace-up ankle braces and ankle injury
 - ▶ Examine the altered biomechanics after lateral ankle sprain
 - ▶ Evaluate the optimal surgical technique for lateral ankle instability
- 10:56–11:01am Paper 25: The Effect of Lace-Up Ankle Braces on Lower Extremity Injury Rates in High School Basketball Players**
Timothy A. McGuine PhD, ATC¹;
Alison Brooks MD, MPH¹; Scott Hetzel MS¹
¹University of Wisconsin-Madison, Madison, WI
- 11:02–11:07am Paper 26: A Biomechanical Comparison of an Open Versus Arthroscopic Approach for the Treatment of Lateral Ankle Instability**
Mark Drakos MD¹; Steve B. Behrens MD²;
Dave Paller MS²; Eve Hoffman BA²; Sarath Koruprolu BE²;
Christopher W. DiGiovanni MD²
¹Long Island Jewish Hospital, Great Neck, NY
²Warren Alpert Medical School, Brown University, Providence, RI
- 11:08–11:13am Paper 27: A Biomechanical Analysis of Brostrom Versus Brostrom-Gould Lateral Ankle Instability Repairs**
Steve B. Behrens MD¹; Mark Drakos MD²;
Byung J. Lee MD¹; Dave Paller MS¹; Eve Hoffman BA¹;
Sarath Koruprolu BE¹; Christopher W. DiGiovanni MD¹
¹Warren Alpert Medical School, Brown University, Providence, RI
²Long Island Jewish Hospital, Great Neck, NY
- 11:14–11:23am Question & Answer Session**
- 11:24am–12:03pm Scientific Session: Masters Athlete**
Moderator: Vonda J. Wright MD (Pittsburgh, PA)
Objectives: Upon completion of this scientific session, learners should be able to:
- ▶ Define and identify the Masters Athlete
 - ▶ Integrate those factors which improve with age to treatment of such athletes
 - ▶ Apply the limitations imposed by osteoarthritis
 - ▶ Evaluate treatment strategies for the active adult with moderate to severe knee osteoarthritis.
- 11:24–11:38am Update: Beyond the HTO**
Craig J. Della Valle MD (Chicago, IL)
- 11:39–11:53am Update: Aging/Masters Athlete**
Peter Jokl MD (New Haven, CT)
- 11:54am–12:03pm Question & Answer Session**

- 6:15am Continental Breakfast**
- 6:45–8:15am Instructional Courses**
- 7:30am–1:00pm Exhibits**
Scientific Sessions: Manchester Ballroom
- 8:30–9:20am Scientific Session: Hip–Femoral Acetabular Impingement**
Moderator: Marc J. Philippon MD (Vail, CO)
Objectives: Upon completion of this scientific session, learners should be able to:
- ▶ Discuss the importance of continued evaluation of outcomes
 - ▶ Apply the role and types of imaging in the diagnosis of hip conditions
 - ▶ Individualize treatment
- 8:30–8:35am Paper 28: Heterotopic Ossification after Hip Arthroscopy for Femoroacetabular Impingement**
Robert M. Zbeda BSc¹; Asheesh Bedi MD²;
Vinicius Bueno MD¹; Mark Dolan MD¹;
Bryan T. Kelly MD¹
¹Hospital for Special Surgery, New York, NY
²University of Michigan, Ann Arbor, MI
- 8:36–8:41am Paper 29: The Effect of Femoroacetabular Impingement on Pubic Symphysis Motion**
Bryan T. Kelly MD¹; **Patrick Birmingham MD²**;
Robert Jacobs MD²; Linda McGrady BS²;
Mei Wang PhD²
¹Hospital for Special Surgery, New York, NY
²Medical College of Wisconsin, Milwaukee, WI
- 8:42–8:47am Paper 30: Arthroscopic Debridement vs Refixation of the Acetabular Labrum Associated with Femoroacetabular Impingement: Minimum 2-Year Follow-up**
Christopher M. Larson MD¹; M. Russell Giveans PhD²
¹Minnesota Orthopedic Sports Medicine Institute, Edina, MN
²Fairview/MOSMI, Eden Prairie, MN
- 8:48–9:11am Symposium: The Hip in 2036**
Moderator: Bryan T. Kelly MD (New York, NY)
- 8:48–8:55am Surgical Techniques**
J.W. Thomas Byrd MD (Nashville, TN)
- 8:56–9:03am Hip and the Kinetic Chain**
Marc R. Safran MD (Palo Alto, CA)
- 9:04–9:11am Basic Science and Translation Research, Validated Outcomes**
Joseph C. McCarthy MD (Boston, MA)
- 9:12–9:20am Question & Answer Session**

AOSSM 2011 annual meeting



Sail Away for San Diego! The American Orthopaedic Society for Sports Medicine (AOSSM) is navigating its way into San Diego for the 2011 Annual Meeting, July 7-10. We invite you to this unique southern California city that offers world-class food, activities and education for the whole family from Sea World and the world-famous San Diego Zoo to Legoland and the Pacific Ocean.

2011 Program Chair, Marlene DeMaio MD, Captain, Medical Corps, US Navy, has assembled a meeting that promises to provide the latest insights in sports medicine research and education. A few key program highlights include:

- ▶ **Research Workshop: Clinical Outcomes and Trial Design in Orthopaedic Sports Medicine** – This workshop will provide attendees with a solid knowledge of what it takes to design a clinical trial with desired outcomes and minimal stress
- ▶ **Upper Extremity Live Surgical Demonstration Workshop – Thursday afternoon,** Attendees will be able to watch and interact in real time with marquee faculty on four shoulder and two elbow procedures
- ▶ **24 instructional courses developed by Instructional Course Chair, Charles Bush-Joseph MD** – Attendees can choose from a variety of options, including *Treatment of Knee Cartilage Defects; Fractures and AC Joint Injuries in the Athlete: Trends & Controversies; Issues in the Masters Athlete II: Return to Sport; Adolescent Upper Extremity Sports Injuries; Game Day Decisions: How to Keep Them in the Game and Off the Sideline; Beyond PRP: Surgical Applications;* and *The Disabled Athlete: A Sport Based Approach*
- ▶ The latest in sports medicine research displayed in our **30 scientific posters**. Be sure to check them out on your way to the exhibit hall!
- ▶ **Presidential Guest Speaker, Frank Deford, celebrated NPR sports commentator** – will give an inspirational talk on “*Sports: The Hype and The Hypocrisy*”
- ▶ An **interactive workshop** for the young sports medicine specialist on developing a practice and how to make it shine

Our half-day live educational format is specially designed to allow attendees and their families the opportunity to enjoy the afternoons together and discover the beauty of San Diego and its surrounding area. Our opening reception on Thursday is always a highlight and will allow you and your family to reunite with friends and colleagues, old and new, poolside at the Manchester Grand Hyatt. Saturday night's family event at the New Children's Museum of San Diego, is a social occasion not to be missed and one of the biggest highlights of the meeting every year! For more information on all the events and educational offerings of the 2011 Annual Meeting, please visit the AOSSM Web site at www.sportsmed.org. Also, be sure to be on the lookout for our free mobile app—a new fun feature for attendees this year.

Come join us in San Diego, as we recognize, socialize and learn the latest from some of the best and brightest individuals in the orthopaedic sports medicine field.

Robert Stanton MD
AOSSM President





UPCOMING MEETINGS

AOSSM MEETINGS FOR 2011–2016

Meeting Dates	Name of Meeting/Location
▶ August 5–7, 2011	Annual AOSSM & AAOS Review Course for Subspecialty Certification in Orthopaedic Sports Medicine Chicago Marriott Downtown Magnificent Mile, Chicago, IL
▶ December 1–4, 2011	2011 Advanced Team Physician Course Westin Gaslamp, San Diego, CA
▶ Saturday, February 11, 2012	AOSSM 2012 Specialty Day San Francisco, CA <i>*All registrations will be handled by AAOS</i>
▶ July 12–15, 2012	AOSSM 2012 Annual Meeting Baltimore Convention Center, Baltimore, MD
▶ August 10–12, 2012	Annual AOSSM & AAOS Review Course for Subspecialty Certification in Orthopaedic Sports Medicine Fairmont Chicago, Chicago, IL
▶ August 24–26, 2012	Keep Your Edge: Hockey Sports Medicine in 2012 Toronto, Canada
▶ Saturday, March 23, 2013	AOSSM 2013 Specialty Day Chicago, IL <i>*All registrations will be handled by AAOS</i>
▶ July 11–14, 2013	AOSSM 2013 Annual Meeting Sheraton Chicago Hotel and Towers, Chicago, IL
▶ July 10–13, 2014	AOSSM 2014 Annual Meeting Washington State Convention & Trade Center, Seattle, WA
▶ July 9–12, 2015	AOSSM 2015 Annual Meeting Hilton Orlando Bonnet Creek, Orlando, FL
▶ July 7–10, 2016	AOSSM 2016 Annual Meeting The Broadmoor, Colorado Springs, CO

AOSSM ABSTRACT SUBMISSIONS

AOSSM 2012 Specialty Day • Saturday, February 11, 2012

To submit an abstract for the AOSSM 2012 Specialty Day program, please visit the AOSSM Web Site at www.sportsmed.org/abstracts and follow the directions. Deadline for submission is May 16, 2011. Abstracts will only be accepted via the Internet. No exceptions will be made for late abstracts.